Phenotypic Characteristics and Copy Number Variants in a Cohort of Colombian Patients with VACTERL Association

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Keywords
Array-CGH · Chromosomal microalterations · Congenital malformations · Copy-number variants · Fanconi anemia · VACTERL association

Abstract
VACTERL association (OMIM 192350) is a heterogeneous clinical condition characterized by congenital structural defects that include at least 3 of the following features: vertebral abnormalities, anal atresia, heart defects, tracheoesophageal fistula, renal malformations, and limb defects. The nonrandom occurrence of these malformations and some familial cases suggest a possible association with genetic factors such as chromosomal alterations, gene mutations, and inherited syndromes such as Fanconi anemia (FA). In this study, the clinical phenotype and its relationship with the presence of chromosomal abnormalities and FA were evaluated in 18 patients with VACTERL association. For this, a G-banded karyotype, array-comparative genomic hybridization, and chromosomal fragility test for FA were performed. All patients (10 female and 8 male) showed a broad clinical spectrum: 13 (72.2%) had vertebral abnormalities, 8 (44.4%) had anal atresia, 14 (77.8%) had heart defects, 8 (44.4%) had esophageal atresia, 10 (55.6%) had renal abnormalities, and 10 (55.6%) had limb defects. Chromosomal abnormalities and FA were ruled out. In 2 cases, the finding of microalterations, namely del(15)(q11.2) and dup(17)(q12), explained the phenotype; in 8 cases, copy number variations were classified as variants of unknown significance and as not yet described in VACTERL. These variants comprise genes related to important cellular functions and embryonic development.

Introduction
VATER association was first described by Quan and Smith in 1972 as a statistically nonrandom co-occurrence of a group of different multisystem congenital malformations, including vertebral anomalies (V), anal atresia (A),
tracheoesophageal (TE) fistula with or without esophageal atresia, and renal malformations (R) [Quan and Smith, 1972, 1973]. The complete phenotype delineation occurred in 1996 and included cardiac defects (C) and limb anomalies (L) (VACTERL) (OMIM 192350) [Rittler et al., 1996]. VACTERL with hydrocephalus VACTERL-H (OMIM 276950) is a more severe condition that has been associated with autosomal recessive or X-linked inheritance (OMIM 314390) [Porteous et al., 1992; Alter and Rosenberg, 2013; Jung et al., 2020]. Because these malformations have been observed to occur together more often than would be expected by chance, the condition was termed an association. VACTERL association is typically defined by the presence of at least 3 of the congenital malformations mentioned above. VACTERL association is a relatively common condition, with an incidence estimated at 1 in 10,000–40,000 live-born infants [Siebel and Solomon, 2013].

To date, there is no known evidence for a single unifying cause that would result in the condition. Because VACTERL association is likely to be causally heterogeneous, only a few studies have sought genetic or other causal explanations among large cohorts of affected individuals [Solomon et al., 2010a, b; Solomon, 2011; Saisawat et al., 2014; Hilger et al., 2015]. It was recently identified that recessively inherited mutations in the genes TRAP1 and ZIC3 (the latter linked to the X chromosome), associated with the pathophysiology of VACTERL, are a monogenic cause of this condition [Saisawat et al., 2014; Hilger et al., 2015]. Moreover, it was proposed that the FOX1 gene may also be a candidate [Stankiewicz et al., 2009; Shaw-Smith, 2010; Hilger et al., 2015]. Based on experimental animal models, it has been suggested that genes related to the Sonic hedgehog (Shh) pathway may be involved in the phenotype [Kim et al., 2001; Tumini et al., 2019], as well as genes that act on mitochondrial and ciliary function [Thauvin-Robinet et al., 2006; Siebel and Solomon, 2013; Hilger et al., 2015].

Additional evidence supporting genetic causes of VACTERL association is derived from case reports. These studies have also provided insight into different chromosomal deletions and microduplication/microdeletion variants that might explain the phenotype. For example, deletions at 1q3 and microduplications of different sizes at 1q41, 2q37.3, 8q24.3, 22q11.21, and Xq25q27.3 have been detected in patients [Schramm et al., 2011; Dworschak et al., 2013; Hilger et al., 2013, 2015; Puuvanaditsin et al., 2016].

On the other hand, this heterogeneous condition has many overlapping defects with other malformation syndromes, and it is usually considered a diagnosis of exclusion; thus, accurate diagnosis can be quite challenging [Siebel and Solomon, 2013]. Phenotypically overlapping disorders of VACTERL association include Fanconi anemia (FA), Baller-Gerold syndrome, CHARGE syndrome, deletion 22q11.2 syndrome, MURCS association, oculoauriculo-vertebral syndrome, Opitz G/BBB syndrome, Pallister-Hall syndrome, Feingold syndrome, Holt-Oram syndrome, Townes-Brocks syndrome, and VACTERL-H, among others [Siebel and Solomon, 2013; Chen et al., 2016].

In fact, patients with FA often exhibit multiple congenital malformations, suggesting a diagnosis of VACTERL association [Fiesco-Roa et al., 2019]. Furthermore, patients with clinically suspicious VACTERL-H have been found to have pathogenic variants in different FANC genes, and they have accordingly been reclassified as having FA [Holden et al., 2006]. Because of the above, a common pathophysiology pathway for VACTERL and FA patients involving Shh genes has been proposed [Lubinsky, 2015]. As much as 5–10% of patients clinically diagnosed with VACTERL-H instead have FA; therefore, FA must be considered one of the most important differential diagnoses among these patients [Alter and Rosenberg, 2013].

The aim of this study was to assess the clinical characteristics of a cohort of Colombian patients who met the diagnostic criteria for VACTERL association and to identify chromosomal rearrangements by conventional and molecular cytogenetics, in addition to determining the cellular phenotype of FA, to contribute to the knowledge of the genetic causes of the disease.

### Patients and Methods

Eighteen pediatric patients with high clinical suspicion of VACTERL association were included.

#### Clinical Data

All data regarding clinical features were obtained by physical examination or from clinical reports; these data were analyzed to describe clinical aspects. Our analysis was based on clinical records from patients who met the criteria for VACTERL. When a diagnosis of VACTERL was suspected by any medical specialist, the patient was referred to our center to be examined by medical geneticists. All patients received medical care and were followed up by different specialists. The diagnostic workup began with the outpatient clinic visit or in the neonatal care unit where the main clinical and genealogical data were collected. Patient records were collected and archived in specifically dedicated files. VACTERL association was diagnosed in patients who met at least 3 of the 6 criteria (vertebral defects, anal atresia, cardiac defects,
Phenotype and CNVs in Patients with VACTERL Association

Conventional Cytogenetics
To evaluate the possible genetic causes of VACTERL association, a complete cytogenetic analysis was performed. Peripheral blood lymphocytes were cultured in RPMI 1640 medium (Sigma), 10% fetal bovine serum (Eurobio), and phytohemagglutinin (Gibco), synchronized with amethopterin (1 × 10⁻⁵ M; Sigma) and unlocked with thymidine (2.4 × 10⁻⁶ g/mL; Sigma) to obtain prometaphase chromosomes. G-banding was performed for all patients. Chromosomes were treated with 0.025 N HCl (Merck), followed by incubation in 1× SSC buffer and Wright (Merck) staining to obtain the G-banding. For each patient, 25 metaphases were analyzed with a resolution of 550–700 bands. Chromosome breakage analyses for FA were performed by using standard procedures [Auerbach, 1988]. Peripheral blood lymphocytes were cultured in RPMI medium plus 10% fetal bovine serum and phytohemagglutinin and then incubated for 24 h at 37°C. For each individual, 2 cultures were treated with butadiene diepoxide (DEB) (100 ng/mL; Alfa Aesar) and incubated for 48 h under the same conditions; 2 other cultures were not treated with DEB. Chromosomes in metaphase were obtained by standard procedures and stained with Giemsa (Merck). Chromosomal breaks and exchanges were evaluated in nonbanded chromosomes as recommended in the literature [Auerbach, 1988]. At the end of the procedure, the percentage of aberrant cells (cells with chromosomal breakages, fragments, rearrangements, exchanges or radial figures), breakages per cell, and breakages per aberrant cell were analyzed, and the percentage of multibivalent cells (cells with 2 or more breakages or alterations) was calculated. In addition, the total number of breakages and exchanges per cell was determined.

Molecular Cytogenetics
Genomic DNA was isolated from peripheral blood samples by using the salting-out procedure according to the modified protocol described by Miller et al. [1988]. Lysis of red blood cells was performed with ammonium chloride and SDS. Precipitation of proteins was performed with ammonium acetate, and precipitation of DNA was performed with isopropanol. The DNA was preserved in TE solution (10 mM Tris-HCl, pH 1.4 and 1 mM EDTA, pH 8) and stored at −20°C until analysis. Array-comparative genomic hybridization (aCGH) was performed for each individual by using Agilent®SurePrint G3 Human CGH Microarray 180K and Cytogenomics software v. 4.0.3.12 Agilent®. Copy number variations were evaluated by using the following databases: http://dgvbeta.tcag.ca/dgv/app/home?ref=GRCh37/hg19, https://decipher.sanger.ac.uk/, http://dbsearch.clinicalgenome.org/search/, www.omim.org, and https://www.uniprot.org/uniprot.

Table 1. Clinical characteristics of patients with VACTERL association

<table>
<thead>
<tr>
<th>Case ID</th>
<th>Age</th>
<th>Gender</th>
<th>Vertebral anomalies</th>
<th>Anal atresia</th>
<th>Heart defects</th>
<th>Esophageal atresia</th>
<th>Tracheoesophageal fistula</th>
<th>Renal defects</th>
<th>Limb defects</th>
<th>No. of other defects</th>
<th>No. of VACTERL birth defects</th>
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<tbody>
<tr>
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<td>–</td>
<td>+</td>
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<td>4</td>
</tr>
</tbody>
</table>

Total cases 13 8 14 8 6 10 10 14 18

y, years; m, months; d, days; F, female; M, male; +, present; –, absent.
Fig. 1. Type and frequency of congenital malformations that occurred non-randomly in the 18 patients with VACTERL association. a Vertebrae congenital anomalies. b Heart defects. c Renal birth defects. d Limb birth defects. Each figure shows the number of cases presenting each characteristic.
Results

We evaluated 18 patients who met the criteria for VACTERL association. The female to male ratio was 1.2, with 10 female patients and 8 male patients. Ages at the time of the first clinical examination varied from 3 days to 17 years old. Eight patients (44.4%) were under 1 year old, 8 patients (44.4%) ranged between 1 and 5 years old, and 2 patients (11.2%) were teenagers. The clinical features of all patients are described in Table 1.

Thirteen patients (72.2%) had vertebral anomalies. Anal atresia was evident in 8 patients (44.4%). Congenital heart defects were seen in 14 patients (77.8%). Esophageal atresia was diagnosed in 8 patients (44.4%), 6 of whom had a tracheoesophageal fistula. Ten individuals (55.6%) had renal anomalies. Limb defects were observed in 10 patients (55.6%). Each specific birth defect is provided in Figure 1. Fourteen of 18 patients (77.8%) showed additional systemic features of the VACTERL association spectrum, with a nonspecific pattern of VACTERL-type birth defects, including genital abnormalities, single umbilical artery, and anophthalmia. These birth defects are shown in Figure 2.

All patients had normal karyotypes. The analysis of chromosomal breakages with DEB for FA was negative, with an average breakage per cell of 0.12, thus being within the normal range (0.02–0.37) for individuals not affected by FA.

Molecular cytogenetic analysis was performed for 15 patients; in 2 cases, the parents were also analyzed, whereas the DNA of another 3 cases was not of sufficient quality for the analysis. No gene dose alterations or copy number variations (CNVs) were detected in 5 cases (cases 2, 3, 6, 8, and 20). Interestingly, 8 patients had CNVs based on aCGH results classified as variants of unknown significance (VUS). This classification was obtained by using these databases: http://dgvbeta.tcag.ca/dgv/app/home?ref=GRCh37/hg19, www.omim.org, https://decipher.sanger.ac.uk/, and specialized literature (online suppl. Table 1, see www.karger.com/doi/10.1159/000510910). These CNVs have not been previously reported in individuals with phenotypes similar to those of our patients. The regions harbor genes shown in Table 2. Two patients (cases 11 and 19) had abnormal aCGH results. Patient 11 (male) exhibited a duplication of 1.4 Mb at 17q12 (arr[GRCh37] 17q12(34817422_36243028)×3) classified as pathogenic (Fig. 3). Patient 19 (female) harbored a deletion of 443 kb at 15q11.2 (arr[GRCh37] 15q11.2(22765628_23208901)×1) classified as a VUS with variable expression and incomplete penetrance. Her healthy mother, without any birth defect, was a carrier of the same CNV.

Discussion

VACTERL association, which usually requires at least 3 component features and the absence of evidence for an overlapping condition, is characterized as a heterogeneous condition with different environmental or genetic

| Genital defects | 4 |
| Single umbilical artery | 2 |
| Facial defects | 2 |
| Global developmental delay/hypotonia | 2 |
| Microphthalmia/anophthalmia/other ocular abnormalities | 2 |
| Short stature | 2 |
| Café-au-lait spots | 1 |
| Central nervous system defect | 1 |
| Rib cage defects | 1 |
| Small bowel atresia | 1 |
| Rectal/sigmoid | 1 |
| Without other type of birth defects | 4 |

Fig. 2. Other types of birth defects in our patients, not usually reported in the VACTERL spectrum. The figure shows the number of cases presenting each characteristic.
causes not yet well understood. However, there are efforts to clarify the whole phenotypic spectrum as well as the underlying genotype [Solomon et al., 2014].

All patients in our study exhibited a wide clinical spectrum of birth defects. The results from this study highlight several important findings regarding VACTERL association, which remains a poorly understood condition. Cardiac defects, followed by esophageal and vertebral defects, were the most common types of birth defects in this cohort of patients. Although the literature contains some controversy regarding the inclusion of certain features for the diagnosis of VACTERL [Temtamy and Miller, 1974; Miller et al., 1988; Rittler et al., 1996; Solomon, 2011], vertebral anomalies, heart defects, and esophageal atresia were observed in over half of our patients, which is in accordance with the worldwide literature [Husain et al., 2018]. Renal defects were also seen in 55.6% of our patients, which is similar to the reports of other cohorts,
Table 2 (continued)

<table>
<thead>
<tr>
<th>Patient Type of CNV</th>
<th>Location (size, kb)</th>
<th>Genomic coordinates, arr[GRCh37]</th>
<th>Genes</th>
<th>Name/function of the genes</th>
<th>Reference</th>
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<tr>
<td>16^b dup 14q32.33 (305)</td>
<td>chr14:104,289,937–104,594,840</td>
<td>PPP1R13B</td>
<td>Protein phosphatase 1 regulatory subunit 13B</td>
<td>Central role in regulation of apoptosis via its interaction with p53/TP53; Evolutionarily conserved gene; ubiquitous expression</td>
<td>Samuels-Lev et al., 2001</td>
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<td></td>
<td></td>
<td>ATP5MPL/C14orf2</td>
<td>ATP synthase membrane subunit 6.8 PL, mitochondrial</td>
<td>Component of an ATP synthase complex Expression in all tissues</td>
<td>Fujikawa et al., 2014</td>
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<td></td>
<td></td>
<td>TDRD9</td>
<td>ATP-dependent RNA helicase TDRD9</td>
<td>ATP-binding RNA helicase required during spermatogenesis; Highly expressed in parathyroid gland and testis</td>
<td>Arafat et al., 2017</td>
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<tr>
<td></td>
<td></td>
<td>RD3L</td>
<td>Retinal degeneration 3 like</td>
<td>Expression in heart muscle</td>
<td>UniProt^a</td>
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<tr>
<td></td>
<td></td>
<td>ASPG</td>
<td>Asparaginase</td>
<td>High expression in kidney; high expression in heart during human fetal development</td>
<td>UniProt^a</td>
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<tr>
<td></td>
<td></td>
<td>MIR203A, MIR203B</td>
<td>Involved in branching morphogenesis and differentiation of human keratinocytes.</td>
<td>Regulate the expression of many target genes and play pivotal roles in the development</td>
<td>Sonkoly et al., 2010</td>
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<tr>
<td>17 del 19p13.11 (146)</td>
<td>chr19:17,733,344–17,878,860</td>
<td>UNC13A</td>
<td>Protein unc-13 homolog A gene; gene conserved</td>
<td>Melanocyte differentiation, exocytosis; Highly expressed in adult brain</td>
<td>Sheu et al., 2003</td>
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<td></td>
<td></td>
<td>MAP1S</td>
<td>Microtubule-associated protein 1S</td>
<td>Apoptosis, autophagy, organization of the centrosomes; Conserved in placental mammals</td>
<td>Xie et al., 2011</td>
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<td>FCHO1</td>
<td>F-BAR domain only protein 1</td>
<td>Clathrin-mediated endocytosis and involved in T-cell differentiation and function; Evolutionarily conserved gene</td>
<td>Henne et al., 2010</td>
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<tr>
<td>18 dup 1p36.23 (121)</td>
<td>chr1:7,946,655–8,068,000</td>
<td>TNFRSF9</td>
<td>Tumor necrosis factor receptor superfamily member 9</td>
<td>Immune response and apoptosis; Highly expressed in blood and lymphoid tissue</td>
<td>Jang et al., 1998</td>
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<td>PARK7</td>
<td>Protein/nucleic acid deoxyribose D5-1</td>
<td>Autophagy, DNA repair, inflammatory response; Ubiquitous expression; Evolutionarily conserved gene</td>
<td>Krebichl et al., 2010</td>
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<td>19^b del 15q11.2 (443)</td>
<td>Chr15:22,765,628–23,208,901</td>
<td>NIPA1, NIPA2, CYFIP1, TUBGCP5, LOC283683, WHAMMP3</td>
<td>15q11.2 microdeletion syndrome</td>
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<td>21 del 10q25.2 (210)</td>
<td>chr10:114,316,4177–114,526,448</td>
<td>VTIIA</td>
<td>Vesicle transport through interaction with t-SNAREs homolog 1A</td>
<td>Involvement in vesicle generation and Ca^2+ channel trafficking in exocytosis; Evolutionarily conserved gene</td>
<td>Emperador-Melero et al., 2019</td>
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<td></td>
<td></td>
<td>MIR4295</td>
<td>Tumor suppressor</td>
<td>Regulates the expression of target genes as CDKN1A and RUNX3</td>
<td>Li et al., 2016; Gao and Zheng, 2018</td>
</tr>
</tbody>
</table>

indicating that the frequency of these types of defects among VACTERL patients is greater than 50% and thus one of the most common anomalies [Reutter et al., 2016; Husain et al., 2018].

To clarify the pathophysiology, previous works have suggested that patients with VACTERL association might be subdivided into “upper” and “lower” groups: patients with cardiac malformations belong to the upper group, and patients with renal defects belong to the lower group [Källén et al., 2001]. However, as patients in our study with renal anomalies also had cardiac defects, it was difficult for us to separate them into these 2 groups. This co-occurrence of both types of birth defects (cardiac and renal anomalies) has been reported in patients, and it has been suggested that there may be a common genetic cause for the occurrence of both anomalies [Gabriel et al., 2018]. The above highlights the fact that one mechanism underlying the physiopathology may be common for all VACTERL patients, including those with different clinical features.

Genetic factors as a cause of VACTERL association have also been investigated and suggested in its etiology. This is due to some observations: (1) the existence of families with at least 2 affected members; (2) the presence of de novo variants in some patients, found in genes that act during embryonic development; and (3) the presence of chromosomal microalterations that affect gene-bearing regions involved in fetal development [Solomon et al., 2010a, b; Hilger et al., 2012; Reutter et al., 2016]. In our cohort, none of the cases had a family history of similar phenotypes or the presence of CNVs for other clinical causes. Interestingly, the aCGH results allowed us to detect CNVs in 10 patients: CNVs in 8 cases were classified as VUS and are new; in the other 2 cases, CNVs were identified as a deletion in 15q11.2 and a duplication in 17q12. Both alterations are associated with well-known genetic syndromes (OMIM 615656 and 614526) not previously diagnosed in our cohort.

Several CNVs have been reported as a frequent finding in patients with different types of congenital malformations, including those affected with VACTERL association; however, for the vast majority of these regions, their effects on phenotypes are unknown [Nguyen et al., 2017; Zhang et al., 2017]. The CNVs found in the 8 patients of our cohort have not been previously related to the condition, and the affected genes in these regions have not been associated with the etiology. The CNVs detected in our patients involve genes implicated in different cellular processes, such as apoptosis, endocytosis, energy metabolism, response to oxidative stress, intracellular trafficking, immune response, and gene regulation, among others. Although these CNVs have not yet been associated with the disease, these molecular processes are important in embryonic development [Stevenson and Hunter, 2013].

Several genes located in the regions of the CNVs have also been implicated in other diseases or have been related to cancer (Table 2). On the other hand, alterations in regions that encode some microRNAs were also found (Table 2), findings that are consistent with previous reports in which the regulatory role of the miRNAs is highly implicated in embryonic development [Allis et al., 2015; Alberti and Cochella, 2017].
The CNV by microdeletion at 19p13.11 in case 17 (male patient with anal atresia, recto-perineal fistula, thoracic hemivertebrae, thoracic butterfly-shaped vertebrae, alterations of segmentation in the cervical vertebrae, supernumerary ribs, and left renal agenesis) is a region with 3 interesting genes involved in maintaining cellular homeostasis. The MAP1S gene has been related to autophagy regulation in all tissues and has been associated with renal fibrosis, heart disease, neurodegenerative diseases, and some cancers, among others [Xie et al., 2011; Xu et al., 2016]. Autophagy is an evolutionarily conserved process in all eukaryotic organisms and plays a key role in maintaining cellular homeostasis during embryonic development and differentiation [Martinet et al., 2009; Boya et al., 2018; Levine and Kroemer, 2019]. FCHO1 is another gene involved in clathrin-mediated endocytosis and in T-cell development and function in humans [Sheu et al., 2003; Łyszkiewicz et al., 2020]. Silencing of fcho1 in zebrafish embryos causes alterations in morphogenesis [Umasankar et al., 2012]. The UNC13A/MUNC13A-1 gene is evolutionarily conserved and involved in vesicle maturation during exocytosis in the synaptic process [Brose and Rosenmund, 2002; Magdziarek et al., 2020]. Homozygous mutations in this gene have been associated with microcephaly and abnormal cortical electrical activity [Engel et al., 2016]. It is striking that the cellular processes in which these genes participate are highly active during embryogenesis [Mizushima and Levine, 2010]. We may then propose that alteration in protein levels might affect, to some extent, the balance of the processes of embryonic morphogenesis, such as those presented by the patient.

The duplication at 1p36.23 of patient 18 involves the PARK7 gene. This is an interesting gene because it is involved in multiple cellular processes, such as in autophagy and endocytosis, as a redox-sensitive chaperone and as a sensor for oxidative stress, among others [Lee et al., 2018]. Mutations in this gene have been highly associated with autosomal recessive Parkinson disease [Kasten et al., 2018]. However, in our patient, the gene was duplicated, and the effects of this on development are unknown. The TAF12 gene is involved in the duplication at 1q31.1 in case 9, and the encoded protein is reported to have DNA-binding transcription factor activity and is implicated in cancer [Tong et al., 2015]. Patient 13 carried a duplication at 12p12.1, involving the PYROXD1 gene. This gene is evolutionarily conserved in eukaryotes, and deficiency of the protein due to mutations may cause alterations in the proliferation, migration, and differentiation of myoblasts [Reutter et al., 2016; Auranen et al., 2019]. The functional effect on the phenotype when the gene is entirely duplicated is unknown.

The THOC1 gene was found in the duplicated 18q12 region and encodes a component of the TREX complex. This complex is evolutionarily conserved across a wide range of organisms and plays a central role in mRNA export [Wang et al., 2007]. Among other cellular functions, TREX is necessary for maintaining differentiation during embryogenesis [Heath et al., 2016]. The CLUL1 gene, located in the same region, has been found to be differentially methylated (hypomethylated) in the placentas of newborns with congenital heart defects [Radhakrishna et al., 2019]; however, no association with cardiac development has been reported before. It reportedly overregulates many different forms of neurodegeneration [Tal-mud et al., 2009]. Notably, epigenetic alterations have also been mentioned as a probable cause of VATER/ VACTERL possibly associated with environmental factors [Solomon, 2018; Lubinsky, 2019].

Another gene that also needs to be mentioned is the PCNX1 gene located at 14q24.2 affected by duplication in patient 12. This gene is highly conserved among species. Although its role in mammals is not well known, it has been studied in Drosophila, demonstrating that it is related to the NOTCH signaling pathway and may play a role in vesicular transport during neuroblast segregation of the neuroectoderm [Yamakawa et al., 2018]. The NOTCH signaling pathway is known to be involved in the formation of anatomical structures affected in VACTERL association, such as the development of the cardiovascular system and the spine [Stevenson and Hunter, 2013].

Other genes found in the CNVs of our patients have some important cellular functions, as described in Table 2. Regarding CNVs related to known syndromes, the deletion at 15q11.2 has been reported to be a variant causing variable expression and incomplete penetrance affecting the genes NIPA1, NIPA2, CYFIP1, and TUBGCP5 located in the nonimprinted area. These genes are highly conserved, and their alteration causes neurological, cognitive, and behavioral problems [Cox and Butler, 2015]. The phenotype of the patient displays several nonclassical clinical characteristics for this syndrome, resulting in inclusion as VACTERL. It is possible that other genetic or environmental factors contributed to the etiology of the phenotype, which must be confirmed. On the other hand, microdeletions and microduplications of the 17q12 region have been reported in patients with VACTERL association [Zhang et al., 2017]. Our patient had esophageal atresia with tracheoesophageal fistula plus renal and
thumb anomalies, similar to patients reported previously. The \textit{HNF1B} gene in this region has been implicated in renal anomalies and tracheoesophageal fistula in these patients \cite{Smigiel2014, Zhang2017, Saha2018}; thus, it has been suggested that this chromosomal region poses a risk for expression of VATER/VACTERL phenotypes.

\textit{FA}, which is a differential diagnosis of VACTERL-H association, is particularly noteworthy, as patients with this condition have a high risk of hematologic abnormalities including bone marrow failure, myelodysplastic syndrome or leukemia, and congenital anomalies that may be a part of the VACTERL-H association \cite{Alter2013, Savage2016, Fiesco-Roa2019}. The availability of chromosomal breakage tests as a sensitive indicator for \textit{FA} makes it especially important not to miss this critical diagnosis among VACTERL-H suspicious patients. Previous reports highlight the necessity of performing \textit{FA} testing because compared to patients without \textit{FA}-VACTERL phenotypes, more than 90\% of patients with \textit{FA}-VACTERL phenotypes have both renal and limb anomalies, and in more than 50\%, these findings are combined with congenital heart disease \cite{Alter2013, Fiesco-Roa2019}. Despite the fact that in our study, 6 cases (33.3\%) had upper limb anomalies plus renal defects, and in 4 cases (22\%), these were accompanied by a cardiac defect, none of the cases showed sensitivity in in vitro DEB culture. Therefore, \textit{FA} was ruled out in our cohort. This finding in our patients should not rule out the chromosomal fragility test for the differential diagnosis of patients with VACTERL.

The diversity of differential diagnoses among patients with VACTERL emphasizes the importance of clinical evaluation by a medical geneticist in all patients. Genetic testing is available for certain conditions that have features overlapping with those of VACTERL association, and these conditions need to be ruled out \cite{Solomon2011}. Such genetic testing can be helpful for assigning a diagnosis and identifying associated medical problems that should be evaluated for establishing prognosis and for genetic counseling purposes. One limitation of our study is that not all patients underwent molecular testing for other genetic syndromes; nonetheless, all underwent clinical evaluation by a medical geneticist who did not find any specific features to suggest a particular syndrome. By molecular cytogenetic analysis, we were able to reclassify 2 patients, and VACTERL diagnosis was finally ruled out. VACTERL association is still considered a diagnosis of exclusion, and aCGH genetic testing is important to rule out other genetic causes of VACTERL phenotypes \cite{Winberg2014}.

The CNVs classified as VUS reported herein harbor some very interesting genes involved in cellular homeostasis; for example, \textit{MAP1S}, \textit{USP14}, and \textit{PARK7} are associated with autophagy, \textit{FCHO1}, \textit{UNC13A}, and \textit{VTIIA} with endocytosis/exocytosis, \textit{COLEC12} with phagocytosis, and \textit{GMEB1}, \textit{PPP1R13B}, \textit{THOC1}, and \textit{MAP1S} with apoptosis, in addition to other genes with other functions. Overall, our findings highlight a large number of genes identified in CNVs with functions in processes that are active during embryonic development.

It is important to note that more studies are needed to further evaluate the chromosomal regions involved in the CNVs found in our patients because they might be regions of interest due to their gene content and the complexity of the birth defects of some of the patients. Complementary studies such as functional studies and/or next-generation sequencing molecular tests are also necessary to determine the inheritance patterns of the VUS and to elucidate the complex genetic etiology of the VATER/VACTERL phenotypes in the remaining cases analyzed.

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\textbf{Statement of Ethics}

This study was performed in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki) and approved by the Ethics Institutional Review Board of the School of Medicine of Pontificia Universidad Javeriana, Bogotá and Hospital Universitario San Ignacio (approval No. 2014/107). Written informed consent, approved by the Ethics Committee, was obtained from all participants.

\textbf{Conflict of Interest Statement}

The authors have no conflicts of interest to declare.
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Author Contributions

O.M.M., A.I.S, A.H., and A.S.C. performed cytogenetic and molecular experiments and contributed to writing the paper. G.G., F.S., J.C.P., M.O., and Y.V. performed clinical analysis, followed the patient, obtained clinical information for the paper, and contributed to writing the paper. O.M.M., A.R., J.B., and J.S. applied for and obtained funding for the project, directed the work, and wrote the paper.

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